

Clinical Practice Guidelines

The purpose of these clinical practice guidelines (CPGs) is to identify quality improvement opportunities and provide clinicians with trustworthy, evidence-based clinical guidelines and protocols to promote the delivery of the right care at the right time. Guidelines are provided for informational purposes only and are not meant to direct individual treatment decisions. All patient care and related decisions are the sole responsibility of providers. These guidelines do not dictate or control a provider's clinical judgment regarding the appropriate treatment of a patient in any given case.

Guideline Development Group

These guidelines were reviewed and updated by the Clinical team under the direction of the Clinical Educational department. The guidelines were approved by the Quality Improvement Committee on July 29, 2026.

Category	Date Approved by the Quality Improvement Committee	Guideline/Link
ANXIETY	7.29.26	National Institute for Health and Care Excellence (NICE) Published: 26 January 2011 Last updated: 15 June 2020 Generalized anxiety disorder and panic disorder in adults: management (pdf)
ASTHMA	7.29.26	Global Initiative for Asthma Updated May 2026 https://www.guidelinecentral.com/insights/may-2026-gina-asthma-guideline-spotlight/
ATRIAL FIBRILLATION	7.29.26	2023 ACC/AHA/ACCP/HRS Guideline for the Diagnosis and Management of Atrial Fibrillation. Published Nov 2023. https://www.acc.org/guidelines/hubs/atrial-fibrillation
BEERS CRITERIA	7.29.26	Journal of the American Geriatrics Society Received: 7 March 2023; Accepted: 29 March 2023 American Geriatrics Society 2023 updated AGS Beers Criteria for potentially inappropriate medication use in older adults Journal of the American Geriatric Society Received 3 April 2025/ Revised 10 April 2025/ Accepted 13 April 2025 Alternative Treatments to Selected Medications in the 2023 American Geriatrics Society Beers Criteria

BIPOLAR DISORDER	7.29.26	Bipolar Disorder: Assessment and Management Clinical Guideline. Last updated Sept 2025. https://www.nice.org.uk/guidance/cg185 Management of Bipolar Disorder. VA/DOD Clinical Practice Guidelines (2023) https://www.healthquality.va.gov/guidelines/MH/bd/
CHF	7.29.26	American College of Cardiology/American Heart Association Published 1 April 2022 2022 AHA/ACC/HFSA Guideline for the Management of Heart Failure: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines
CKD	7.29.26	Kidney Disease Improving Global Outcomes Guidelines https://kdigo.org/guidelines/ National Institute for Health and Care Excellence (NICE) Published: 25 August 2021; Last updated: 24 November 2021; Last review August 2025. https://www.nice.org.uk/guidance/ng203
COPD	7.29.26	Global Initiative for Chronic Obstructive Lung Disease 2026 GOLD Report and Pocket Guide. https://goldcopd.org/wp-content/uploads/2026/01/GOLD-REPORT-2026-v1.3-8Dec2025_WMV2.pdf

DEMENTIA	7.29.26	New Clinical Practice Guideline on the Process for Diagnosing Alzheimer's Disease or a Related Form of Cognitive Impairment or Dementia. December 2024. https://www.alz.org/news/2024/clinical-practice-guideline-evaluation-alzheimers
DEPRESSION	7.29.26	Department of Veterans Affairs Department of Defense Version 4.0 – 2022 Based on evidence reviewed through January 2021 VA/DoD Clinical Practice Guideline for the Management of Major Depressive Disorder (pdf)
DYSLIPIDEMIA	7.29.26	VA/DOD CLINICAL PRACTICE GUIDELINE ON LIPID MANAGEMENT FOR CARDIOVASCULAR DISEASE RISK REDUCTION. Version 5.0-2025. https://www.healthquality.va.gov/HEALTHQUALITY/guidelines/CD/lipids/Lipids-CPG_2025-Guideline_final_20260106.pdf
HTN	7.29.26	American College of Cardiology. New in Clinical Guidance/High Blood Pressure Focus of New ACC/AHA Guideline. Oct 2025. https://www.acc.org/latest-in-cardiology/articles/2025/10/01/01/new-in-clinical-guidance-hbp Journal of the American College of Cardiology Vol 86/ No 18/2025 2025 Guideline for the Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults

IMMUNIZATIONS	7.29.26	U.S. Department of Health and Human Services Centers for Disease Control and prevention Recommended Adult Immunization Schedule for ages 19 years or older; 2025 U.S CDC Recommended Adult Immunization Schedule (pdf)
INFECTIOUS DISEASE	7.29.26	IDSA Clinical Practice Guidelines. https://www.idsociety.org/practice-guideline/all-practice-guidelines
STROKE	7.29.26	AHA/ASA Journals Originally Published 21 October 2024 https://www.ahajournals.org/doi/10.1161/STR.000000000000475
SUBSTANCE ABUSE	7.29.26	Department of Veterans Affairs Department of Defense Version 4.0 – 2022; Based on evidence reviewed through April 2021 VA/DoD Clinical Practice Guideline for the Use of Opioids in the Management of Chronic Pain (pdf) The ASAM National Practice Guideline for the Treatment of Opioid Use Disorder. 2020 Focused Update. https://downloads.asam.org/sitefinity-production-blobs/docs/default-source/guidelines/npg-jam-supplement.pdf?sfvrsn=a00a52c2_4

TYPE2 DM	7.29.26	American Diabetes Association. January 2026, Vol 49, Issue Supplement 1. https://diabetesjournals.org/care/issue/49/Supplement_1
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