

2026 Clinical Practice Guidelines

The purpose of these clinical practice guidelines (CPGs) is to identify quality improvement opportunities and provide clinicians with trustworthy, evidence-based clinical guidelines and protocols to promote the delivery of the right care at the right time. Guidelines are provided for informational purposes only and are not meant to direct individual treatment decisions. All patient care and related decisions are the sole responsibility of providers. These guidelines do not dictate or control a provider's clinical judgment regarding the appropriate treatment of a patient in any given case.

Guideline Development Group

These guidelines were reviewed and updated by the Clinical team under the direction of the Clinical Educational department. The guidelines were approved by the Quality Improvement Committee on 12.10.25.

Category	Date Approved by the Quality Improvement Committee	Guideline/Link
ANXIETY	12.10.25	National Institute for Health and Care Excellence (NICE) Published: 26 January 2011 Last updated: 15 June 2020 Generalized anxiety disorder and panic disorder in adults: management (pdf)
ASTHMA	12.10.25	Global Initiative for Asthma Updated November 2025 Global Initiative For Asthma 2025 GINA STRATEGY REPORT
ATRIAL FIBRILLATION	12.10.25	National Institute for Health and Care Excellence (NICE) Published: 27 April 2021 Last updated: 30 June 2021 Atrial fibrillation: diagnosis and management
BEERS CRITERIA	12.10.25	Journal of the American Geriatrics Society Received: 7 March 2023; Accepted: 29 March 2023 American Geriatrics Society 2023 updated AGS Beers Criteria for potentially inappropriate medication use in older adults Journal of the American Geriatric Society Received 3 April 2025/ Revised 10 April 2025/ Accepted 13 April 2025 Alternative Treatments to Selected Medications in the 2023 American Geriatrics Society Beers Criteria

BIPOLAR DISORDER	12.10.25	Department of Veterans Affairs Department of Defense Version 2.0 – 2023 Based on evidence reviewed through December 31, 2021 VA/DoD Clinical Practice Guidelines for the Management of Bipolar Disorder
CHF	12.10.25	American College of Cardiology/American Heart Association Published 1 April 2022 2022 AHA/ACC/HFSA Guideline for the Management of Heart Failure: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines
CKD	12.10.25	Kidney Disease Improving Global Outcomes Guidelines https://kdigo.org/guidelines/ National Institute for Health and Care Excellence (NICE) Published: 25 August 2021; Last updated: 24 November 2021; Last reviewed: 19 September 2024 Chronic kidney disease: assessment and management
COPD	12.10.25	Global Initiative for Chronic Obstructive Lung Disease 2025 GOLD Report Issued: November 15, 2024 COPD Practice Guidelines
CV DISEASE	12.10.25	American College of Cardiology Issued: Mar 17, 2019 2019 ACC/AHA Guideline on the Primary Prevention of Cardiovascular Disease

DEMENTIA	12.10.25	National Institutes of Health Indian J Psychiatry. 2018 Feb;60(Suppl 3):S312–S328. doi: 10.4103/0019-5545.224472 Clinical Practice Guidelines for Management of Dementia
DEPRESSION	12.10.25	Department of Veterans Affairs Department of Defense Version 4.0 – 2022 Based on evidence reviewed through January 2021 VA/DoD Clinical Practice Guideline for the Management of Major Depressive Disorder (pdf)
DYSLIPIDEMIA	12.10.25	Department of Veterans Affairs Department of Defense Version 4.0 – 2020 Based on evidence reviewed through May 16, 2019 VA/DoD Clinical Practice Guideline for the Management of Dyslipidemia for Cardiovascular Risk Reduction (pdf)
HTN	12.10.25	American College of Cardiology/American Heart Association Harmonization of the American College of Cardiology/American Heart Association and European Society of Cardiology/European Society of Hypertension Blood Pressure/Hypertension Guidelines: Comparisons, Reflections, and Recommendations Journal of the American College of Cardiology Vol 86/ No 18/2025 2025 Guideline for the Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults

IMMUNIZATIONS	12.10.25	U.S. Department of Health and Human Services Centers for Disease Control and prevention Recommended Adult Immunization Schedule for ages 19 years or older; 2025 U.S CDC Recommended Adult Immunization Schedule (pdf)
INFECTIOUS DISEASE	12.10.25	Infectious Diseases Society of America (IDSA) IDSA Guidelines CDC Infection Control Guidelines and Guidance Library https://www.cdc.gov/infection-control/hcp/guidance/index.html
PHARMACOLOGY	12.10.25	American Pharmacists Association American Pharmacists Association Clinical Guidelines
STROKE	12.10.25	AHA/ASA Journals Originally Published 21 October 2024 https://www.ahajournals.org/doi/10.1161/STR.000000000000475
SUBSTANCE ABUSE	12.10.25	Department of Veterans Affairs Department of Defense Version 4.0 – 2022; Based on evidence reviewed through April 2021 VA/DoD Clinical Practice Guideline for the Use of Opioids in the Management of Chronic Pain (pdf) American Society of Addiction Medicine 2025 https://www.asam.org/quality-care/clinical-guidelines

TYPE2 DM	12.10.25	American Diabetes Association American Diabetes Association Standards of Medical Care in Diabetes-2024
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