



LONGEVITY
HEALTH PLAN

Over-the-Counter (OTC) Benefit Catalog



LongevityCatalogBenefit.com

A complimentary
benefit at no extra cost.



Order online

Welcome!

As a member of our health plan, you have an over-the-counter (OTC) benefit allowance to use every quarter.

This OTC benefit allows you to get nonprescription health and wellness products that help you stay healthy at home.

Throughout this catalog, you will learn more about this benefit, what kind of products you can order, and how you can order them.

Thank you for choosing Longevity Health Plan. We hope you take advantage of this benefit and start using your OTC benefit allowance today!

Be sure to use your OTC benefit allowance before it expires.

First quarter:
January 1 – March 31, 2024

Second quarter:
April 1 – June 30, 2024

Third quarter:
July 1 – September 30, 2024

Fourth quarter:
October 1 – December 31, 2024



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OTC BENEFIT OVERVIEW

You have many, easy, ways to order eligible products. Pick the way that best fits your lifestyle.

Get products delivered to your door.



Order online



Mail in an order form



Contact us by phone



- You do not need a prescription to get these eligible OTC products.
- There are hundreds of health and wellness products that you can choose from within the pages of this catalog.
- OTC products are intended for your use only to help with a health or medical need. Longevity Health Plan prohibits the use of this benefit to order OTC items for family members and friends.
- Additional product details and photos are available for you online.
- Shipping is free when ordering from this catalog; we got you covered!
- Unused benefits will not carry over into the next quarter.
- Your order total may not exceed your benefit amount. Cash, checks, credit cards, or money orders are not accepted under this OTC benefit.
- Your order total will be applied to the benefit period in which the order is received.
- Check out our FAQ at the end of the catalog. If you need additional information or have questions about your OTC benefit, call our dedicated advocates at (855) 657-7547 (TTY: 711) or chat with them online at [LongevityCatalogBenefit.com](https://www.LongevityCatalogBenefit.com) Monday - Friday from 8 a.m. to 11 p.m. EST.

PLACE YOUR ORDER ONLINE

Get access to convenient features and website exclusives when you manage your OTC benefit account online.

- Browse OTC products available to you
- Access a digital copy of your OTC catalog or order one to be sent to you
- Monitor your available balance while you shop
- Track your recent order and view your order history
- Manage your account
- And more!



Watch how-to video



If you have already created an account online, just log in to get started!
If it's your first time ordering online, you will need to register and set up your account.

SET UP YOUR ONLINE ACCOUNT

Access LongevityCatalogBenefit.com and indicate that you are a first-time user by clicking on the 'Create Account' button. Enter your information exactly as it appears on your Longevity Health Plan ID card.

You will need the following:

- First and last name
- Health plan member ID number (if your ID number contains any special characters, such as a hyphen (-) or an asterisk (*), enter only the numbers)
- State
- Date of birth

Next, you will create a unique username and password for your account.

Username _____

Password _____

Then you will choose and answer three security questions for password recovery.

Now you can log in and access your OTC benefit online, 24/7.

If you need any help, call us Monday - Friday from 8 a.m. to 11 p.m. EST at (855) 657-7547 (TTY: 711). We are happy to help you take full advantage of your OTC benefit.

Remember!

You must place your orders for the benefit period before midnight Eastern Time of the last day of the quarter.

PLACE AN ORDER BY PHONE

If you would like to place your order over the phone, we have customer care advocates available to take your call.

1. Browse the catalog before you call.
2. Write down the item names and numbers you want to order.
3. Contact us at (855) 657-7547 (TTY: 711)
4. OTC benefit advocates will help answer questions you may have and will place your order for you.

We are available by phone Monday - Friday from 8 a.m. to 11 p.m. EST.

Let us know how we can help you take advantage of this OTC health and wellness benefit!

SEND IN AN ORDER FORM

You may place an order of OTC products by mailing in an order form. You will find an order form attached to this catalog.

1. Browse the catalog for items you want to order.
2. Fill out the entire order form, from beginning to end.
 - a. Contact and account information
 - b. Product items, names, quantities, prices
3. Mail the order form to:
OTC Servicing Center
PO Box 526266
Miami, FL 33152-9819

After you place an order and get your products delivered to your door, there will be a new order form in that box. Follow the steps again to place your next order!

Order form tip:

If the end of the benefit period is approaching and you do not think we will receive your order form in time, place your order online or contact us instead.

CATALOG ORDER GUIDELINES

- The products in this catalog are subject to change. Items, quantities, sizes, and values may change depending on availability. For the most up-to-date listing of OTC products available, go to [LongevityCatalogBenefit.com](https://www.LongevityCatalogBenefit.com).
- We reserve the right to limit quantities.
- The products in this catalog and online are personal items. For this reason, we do not allow returns or exchanges. Please call (855) 657-7547 (TTY: 711) within 60 days of placing your order if:
 - You haven't received your order.
 - You received a defective or damaged item.
- For delivery, please allow five to seven business days from the time your order is placed.

- * Part B/D - Under certain circumstances some items may be covered under either Part B or Part D. When you are eligible to receive these items under Part B or Part D you may not purchase these items through your Part C supplemental OTC benefit. For your convenience, we've marked these items with an (*).
- ‡ Dual-purpose items are medicines and products that can be used for either a medical condition or for general health and well-being. In order to purchase these items under your plan, your personal physician must recommend them to you for a specific diagnosed condition. Please speak to your physician before ordering these items.

ELIGIBLE PRODUCTS

Bathroom Safety & Fall Prevention

Antimicrobial Suction Cup Grab Bar, Chrome, 12"

Item #: 2306
Packaging: 1 ct
Strength:
\$20.75



Antimicrobial Suction Cup Grab Bar, Chrome, 16"

Item #: 2307
Packaging: 1 ct
Strength:
\$23.75



Bath Seat Cushion

Item #: 2310
Packaging: 1 ct
Strength:
\$27.25



Chair Shower Transport

Item #: 2309
Packaging: 1 ct
Strength:
\$125.25



Gait Belt - 60"

Item #: 1790
Packaging: 1 ct
Strength:
\$21.00



Gait Belt - 72"

Item #: 1791
Packaging: 1 ct
Strength:
\$20.75



Nightlight

Item #: 1983
Packaging: 2 ct
Strength:
\$16.50



Toilet Seat Cushion Vinyl

Item #: 2308
Packaging: 1 ct
Strength:
\$19.00



Treaded Slipper Socks, One Size Fits Most

Item #: 2008
Packaging: 1 pair
Strength:
\$9.00



Cold Sore & Medicated Lip Products

Blistex Lip Ointment

Item #: 1256
Packaging: 6 gm
Strength:
\$5.50



Carmex

Item #: 1255
Packaging: 7.5 gm
Strength:
\$4.50



Dental & Denture Care

Antiseptic Mouthwash

Item #: 1077
Packaging: 16 oz
Strength:
\$7.25



Antiseptic Rinse

Item #: 2312
Packaging: 250 ml
Strength:
\$6.00



Dental Travel Kit

Item #: 1749
Packaging: 1 ct
Strength:
\$12.00



Denture Brush

Item #: 1747
Packaging: 1 ct
Strength:
\$6.50



Denture Cleaning Tablets

Item #: 1032
Packaging: 40 ct
Strength:
\$7.75



Efferdent Plus Mint Tablets

Item #: 1653
Packaging: 44 ct
Strength:
\$9.75



Fingertip Tooth & Gum Massager

Item #: 1745
Packaging: 1 ct
Strength:
\$9.75



Fixodent

Item #: 1187
Packaging: 0.75 oz
Strength:
\$5.50



Interdental Flossups

Item #: 1751
Packaging: 90 ct
Strength:
\$6.00



Interdental Gum Brushes

Item #: 1748
Packaging: 10 ct
Strength:
\$7.00



Listerine Original

Item #: 2311
Packaging: 1 L
Strength:
\$10.25



Oral Care System Kit

Item #: 1750
Packaging: 1 ct
Strength:
\$14.50



Polident Denture Cream

Item #: 1324
Packaging: 3.9 oz
Strength:
\$9.75



Polident Overnight

Item #: 1892
Packaging: 84 ct
Strength:
\$13.25



Reach Waxed Dental Floss - Cinnamon

Item #: 1901
Packaging: 55 yd
Strength:
\$4.50



Reach Waxed Dental Floss - Mint

Item #: 1455
Packaging: 55 yd
Strength:
\$4.50



Reach Waxed Dental Floss - Unflavored

Item #: 1902
Packaging: 55 yd
Strength:
\$4.50



Tongue Cleaner

Item #: 1746
Packaging: 1 ct
Strength:
\$6.50



Toothbrush, Battery Powered

Item #: 2015
Packaging: 1 ct
Strength:
\$22.00



Toothbrush, Colgate, Adult Medium

Item #: 1830
Packaging: 1 ct
Strength:
\$3.50



Toothbrush, Colgate, Adult Soft

Item #: 1413
Packaging: 1 ct
Strength:
\$3.50



Toothbrush, Rechargeable

Item #: 1450
Packaging: 1 ct
Strength:
\$45.50



Toothbrush, Soft 2-pack

Item #: 1948
Packaging: 2 ct
Strength:
\$7.75



Toothbrush, Tek Pro, Angled Soft

Item #: 1412
Packaging: 1 ct
Strength:
\$4.00



Toothpaste, Colgate

Item #: 1831
Packaging: 4 oz
Strength:
\$6.50



Toothpaste, Crest Sensi-Relief

Item #: 1838
Packaging: 4.1 oz
Strength:
\$9.75



Toothpaste, Fluoride

Item #: 1914
Packaging: 6.4 oz
Strength:
\$6.75



Toothpaste, Pepsodent

Item #: 1414
Packaging: 5.5 oz
Strength:
\$4.25



Toothpaste, Sensitive Teeth

Item #: 1903
Packaging: 4.3 oz
Strength:
\$5.75



**Toothpaste, Ultrabrite
Advanced Whitening**

Item #: 1716
Packaging: 6 oz
Strength:
\$6.50



Water Jet

Item #: 1744
Packaging: 1 ct
Strength:
\$40.25



Water Jet Replacement Tips

Item #: 1743
Packaging: 5 ct
Strength:
\$18.50



**Ultra Soft Padded Diabetic
Sock, Black, Large 2-pack**

Item #: 1960
Packaging: 2 pair
Strength:
\$12.00



**Ultra Soft Padded Diabetic
Sock, Black, X-Large 2-pack**

Item #: 1961
Packaging: 2 pair
Strength:
\$12.00



**Ultra Soft Padded Diabetic
Sock, White, Medium 2-pack**

Item #: 1962
Packaging: 2 pair
Strength:
\$12.00



**Ultra Soft Padded Diabetic
Sock, White, Large 2-pack**

Item #: 1963
Packaging: 2 pair
Strength:
\$12.00



**Ultra Soft Padded Diabetic
Sock, White, X-Large 2-pack**

Item #: 1964
Packaging: 2 pair
Strength:
\$12.00



Diabetes Care

**Diabetic Skin
Relief Foot Cream**

Item #: 1839
Packaging: 3.4 oz
Strength:
\$15.25



**Diabetic Socks, Black,
Medium 3-pack**

Item #: 1956
Packaging: 3 pair
Strength:
\$11.75



**Diabetic Socks, Black,
Large 3-pack**

Item #: 1957
Packaging: 3 pair
Strength:
\$11.75



**Diabetic Socks, Black,
X-Large 3-pack**

Item #: 1958
Packaging: 3 pair
Strength:
\$11.75



**Diabetic Socks, White,
Medium 3-pack**

Item #: 1953
Packaging: 3 pair
Strength:
\$10.25



**Diabetic Socks, White,
Large 3-pack**

Item #: 1954
Packaging: 3 pair
Strength:
\$11.75



**Diabetic Socks, White,
X-Large 3-pack**

Item #: 1955
Packaging: 3 pair
Strength:
\$11.75



**Ultra Soft Padded Diabetic
Sock, Black, Medium 2-pack**

Item #: 1959
Packaging: 2 pair
Strength:
\$12.00



Diagnostics

Activity Tracker

Item #: 1982
Packaging: 1 ct
Strength:
\$53.50



**Non-Contact IR
Forehead Thermometer**

Item #: 2424
Packaging: 1 ct
Strength:
\$14.00



Eye & Ear Care

Cotton Tipped Swabs

Item #: 1742
Packaging: 300 ct
Strength:
\$6.00



Tampons Super Plus

Item #: 2441
Packaging: 30 ct
Strength:
\$18.00



Feminine Care

Menstrual Pads Size 1

Item #: 2442
Packaging: 30 ct
Strength:
\$18.00



Menstrual Pads Size 2

Item #: 2443
Packaging: 26 ct
Strength:
\$18.00



Menstrual Pads Size 3

Item #: 2444
Packaging: 30 ct
Strength:
\$18.00



Menstrual Pads Size 4

Item #: 2445
Packaging: 28 ct
Strength:
\$18.00



Menstrual Pads Size 5

Item #: 2446
Packaging: 26 ct
Strength:
\$18.00



First Aid

Antiseptic Towelettes

Item #: 1201
Packaging: 100 ct
Strength:
\$9.50



Band-Aid Comfort-Flex Plastic

Item #: 2054
Packaging: 60 ct
Strength:
\$8.75



Band-Aid Johnson & Johnson Gauze Pad - 2" x 2"

Item #: 1676
Packaging: 25 ct
Strength:
\$7.75



Cotton Balls

Item #: 1763
Packaging: 300 ct
Strength:
\$5.00



Elastic Bandage - 6" x 5 yd

Item #: 1213
Packaging: 1 ct
Strength:
\$6.50



Tampons Light

Item #: 2438
Packaging: 30 ct
Strength:
\$18.00



Tampons Regular

Item #: 2439
Packaging: 30 ct
Strength:
\$18.00



Tampons Super

Item #: 2440
Packaging: 30 ct
Strength:
\$18.00



Nexcare Clear Waterproof Bandages Assorted Sizes

Item #: 1667
Packaging: 50 ct
Strength:
\$9.00



Nitrile Gloves (Small)

Item #: 2328
Packaging: 100 ct
Strength:
\$14.50



Nitrile Gloves (Large)

Item #: 1840
Packaging: 100 ct
Strength:
\$23.00



Nitrile Gloves (X-Large)

Item #: 2329
Packaging: 100 ct
Strength:
\$14.50



Petroleum Jelly

Item #: 2018
Packaging: 4 oz
Strength:
\$7.75



Vinyl Gloves (Small)

Item #: 2333
Packaging: 100 ct
Strength:
\$12.00



Vinyl Gloves (Large)

Item #: 2230
Packaging: 100 ct
Strength:
\$17.50



Vinyl Gloves (X-Large)

Item #: 2334
Packaging: 100 ct
Strength:
\$12.00



Toe Separator

Item #: 1783
Packaging: 6 ct
Strength:
\$8.75



Home Aids

Air Purifier - Small Room

Item #: 2351
Packaging: 1 ct
Strength:
\$198.50



Air Purifier - Small Room Filter

Item #: 2404
Packaging: 1 ct
Strength:
\$25.00



Air Purifier - Small Room Filter w/ Active Carbon

Item #: 2405
Packaging: 1 ct
Strength:
\$35.00



Air Purifier - Medium Room

Item #: 2402
Packaging: 1 ct
Strength:
\$300.00



Air Purifier - Medium Room Filter w/ Active Carbon

Item #: 2406
Packaging: 1 ct
Strength:
\$40.00



Foot Care

Deodorant Foot Powder

Item #: 2335
Packaging: 6 oz
Strength:
\$9.00



Lamb's Wool Padding

Item #: 1786
Packaging: 1 ct
Strength:
\$6.25



Moleskin Sheets Plus

Item #: 1782
Packaging: 4 ct
Strength:
\$7.50



Toe Protector, Small

Item #: 1788
Packaging: 1 ct
Strength:
\$9.75



Toe Protector, Large

Item #: 1787
Packaging: 1 ct
Strength:
\$9.75



Air Purifier - Medium Room Filter w/ Active Carbon & Silver Ion

Item #: 2407
Packaging: 1 ct
Strength:
\$50.00



Air Purifier - Medium Room Prefilter

Item #: 2403
Packaging: 1 ct
Strength:
\$20.00



Air Purifier - Large Room

Item #: 2401
Packaging: 1 ct
Strength:
\$600.00



<p>Aluminum Reacher with Magnetic Tip Non-Folding 32"</p> <p>Item #: 2336 Packaging: 1 ct Strength: \$10.50</p> 	<p>Button and Zipper Pull Aid</p> <p>Item #: 2046 Packaging: 1 ct Strength: \$12.50</p> 	<p>Cordless Water Flosser</p> <p>Item #: 2341 Packaging: 1 ct Strength: \$33.00</p> 
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<p>CPAP Pillow Fiber Filled</p> <p>Item #: 1836 Packaging: 1 ct Strength: \$62.75</p> 	<p>CPAP Pillow Memory Foam</p> <p>Item #: 1837 Packaging: 1 ct Strength: \$49.25</p> 	<p>Cushion, Foam Ring</p> <p>Item #: 1732 Packaging: 1 ct Strength: \$24.00</p> 
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<p>Cushion, Lumbar</p> <p>Item #: 1731 Packaging: 1 ct Strength: \$23.25</p> 	<p>Deluxe Pedal Exerciser</p> <p>Item #: 2340 Packaging: 1 ct Strength: \$68.75</p> 	<p>Elastic Mattress Cover - 80" x 36" x 6"</p> <p>Item #: 1753 Packaging: 1 ct Strength: \$9.50</p> 
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<p>Elastic Mattress Cover - Full</p> <p>Item #: 2409 Packaging: 1 ct Strength: \$20.00</p> 	<p>Elastic Mattress Cover - Queen</p> <p>Item #: 2410 Packaging: 1 ct Strength: \$25.00</p> 	<p>Elastic Mattress Cover - King</p> <p>Item #: 2411 Packaging: 1 ct Strength: \$30.00</p> 
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<p>Exercise Resistance Bands</p> <p>Item #: 2346 Packaging: 5 ct Strength: \$6.25</p> 	<p>Fabric Exercise Resistance Bands</p> <p>Item #: 2417 Packaging: 3 ct Strength: \$20.00</p> 	<p>Foot Stool with Support Handle</p> <p>Item #: 2349 Packaging: 1 ct Strength: \$31.25</p> 
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<p>Generic: Reading Glass Diopter +1.0</p> <p>Item #: 2130 Packaging: 1 ct Strength: 1.0 diopter \$7.50</p> 	<p>Generic: Reading Glass Diopter +1.25</p> <p>Item #: 2133 Packaging: 1 ct Strength: 1.25 diopter \$7.50</p> 	<p>Generic: Reading Glass Diopter +1.5</p> <p>Item #: 2136 Packaging: 1 ct Strength: 1.50 diopter \$7.50</p> 
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<p>Generic: Reading Glass Diopter +1.75</p> <p>Item #: 2139 Packaging: 1 ct Strength: 1.75 diopter \$7.50</p> 	<p>Generic: Reading Glass Diopter +2.0</p> <p>Item #: 2142 Packaging: 1 ct Strength: 2.00 diopter \$7.50</p> 	<p>Generic: Reading Glass Diopter +2.25</p> <p>Item #: 2145 Packaging: 1 ct Strength: 2.25 diopter \$7.50</p> 
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<p>Generic: Reading Glass Diopter +2.75</p> <p>Item #: 2148 Packaging: 1 ct Strength: 2.75 diopter \$7.50</p> 	<p>Generic: Reading Glass Diopter +3.0</p> <p>Item #: 2151 Packaging: 1 ct Strength: 3.00 diopter \$7.50</p> 	<p>Generic: Reading Glass Diopter +3.25</p> <p>Item #: 2154 Packaging: 1 ct Strength: 3.25 diopter \$7.50</p> 
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<p>Generic: Reading Glass Diopter +3.5</p> <p>Item #: 2157 Packaging: 1 ct Strength: 3.50 diopter \$7.50</p> 	<p>Generic: Reading Glass Diopter +4.0</p> <p>Item #: 2160 Packaging: 1 ct Strength: 4.00 diopter \$7.50</p> 	<p>Hand Exercise Strengtheners</p> <p>Item #: 2347 Packaging: 1 pair Strength: \$9.00</p> 
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<p>Hearing Aid Batteries (Size 10)</p> <p>Item #: 1431 Packaging: 8 ct Strength: \$10.50</p> 	<p>Hearing Aid Batteries (Size 13)</p> <p>Item #: 1430 Packaging: 8 ct Strength: \$10.50</p> 	<p>Hearing Aid Batteries (Size 312)</p> <p>Item #: 1429 Packaging: 8 ct Strength: \$10.50</p> 
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<p>Humidifier, Ultra-Sonic Cool Mist</p> <p>Item #: 1795 Packaging: 1 ct Strength: \$65.75</p> 	<p>Hypoallergenic Pillow</p> <p>Item #: 1936 Packaging: 1 ct Strength: \$56.75</p> 	<p>Hypoallergenic Side Sleeper Pillow</p> <p>Item #: 2414 Packaging: 1 ct Strength: \$40.00</p> 
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<p>LED Magnifier</p> <p>Item #: 2413 Packaging: 1 ct Strength: \$10.00</p> 	<p>Leg Lifter</p> <p>Item #: 2418 Packaging: 1 ct Strength: \$10.00</p> 	<p>Reacher Suction Cup 22"</p> <p>Item #: 2337 Packaging: 1 ct Strength: \$15.00</p> 
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<p>Reacher Suction Cup 33"</p> <p>Item #: 2338 Packaging: 1 ct Strength: \$15.25</p> 	<p>Shoe Horn No Bend 24"</p> <p>Item #: 2339 Packaging: 1 ct Strength: \$12.00</p> 	<p>Stress Balls</p> <p>Item #: 2344 Packaging: 3 ct Strength: \$8.00</p> 
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<p>Tray for Walker (Fold Away)</p> <p>Item #: 2350 Packaging: 1 ct Strength: \$19.25</p> 	<p>Wheelchair Cushion, Gel / Foam Seat</p> <p>Item #: 1466 Packaging: 1 ct Strength: \$36.25</p> 	<p>White Noise Machine</p> <p>Item #: 2419 Packaging: 1 ct Strength: \$25.00</p> 
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<p>Wrist and Ankle Weights</p> <p>Item #: 2348 Packaging: 1 ct Strength: \$27.50</p> 
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<p>Incontinence Supplies</p>	<p>Adult Briefs, Small - 25" - 34" (Tabs)</p> <p>Item #: 1510 Packaging: 24 ct Strength: \$18.50</p> 	<p>Adult Briefs, Medium - 32" to 44" (Tabs)</p> <p>Item #: 2026 Packaging: 24 ct Strength: \$18.50</p> 
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<p>Adult Briefs, Large - 44" to 58" (Tabs)</p> <p>Item #: 2027 Packaging: 24 ct Strength: \$23.50</p> 	<p>Adult Briefs, X-Large - 58" to 63" (Tabs)</p> <p>Item #: 2028 Packaging: 20 ct Strength: \$19.75</p> 	<p>Attends Bariatric 2X-Large Underwear</p> <p>Item #: 2219 Packaging: 12 ct Strength: \$27.50</p> 
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<p>Attends Discreet Men's Guard</p> <p>Item #: 1811 Packaging: 20 ct Strength: \$15.25</p> 	<p>Attends Discreet Women's Maximum Bladder Control Pad</p> <p>Item #: 1812 Packaging: 20 ct Strength: \$22.00</p> 	<p>Attends Discreet Women's Panty Liner</p> <p>Item #: 1815 Packaging: 28 ct Strength: \$10.25</p> 
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<p>Attends Discreet Women's Ultimate Bladder Control Pad</p> <p>Item #: 1814 Packaging: 20 ct Strength: \$25.25</p> 	<p>Barrier Cream</p> <p>Item #: 1302 Packaging: 4 oz Strength: \$9.75</p> 	<p>Bathing Wipes</p> <p>Item #: 2010 Packaging: 8 ct Strength: \$8.75</p> 
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<p>Bladder Control Shaped Pad, Heavy Absorbency</p> <p>Item #: 1479 Packaging: 20 ct Strength: \$20.50</p> 	<p>Bladder Control Shaped Pad, Maximum Absorbency</p> <p>Item #: 1480 Packaging: 20 ct Strength: \$19.50</p> 	<p>Discreet Men's Underwear, Small/Medium</p> <p>Item #: 2381 Packaging: 20 ct Strength: \$25.75</p> 
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**Discreet Men's Underwear,
Large/X-Large**

Item #: 2382
Packaging: 18 ct
Strength:
\$25.75



**Discreet Women's
Underwear, Medium**

Item #: 2383
Packaging: 20 ct
Strength:
\$25.75



**Discreet Women's
Underwear, Large**

Item #: 2385
Packaging: 18 ct
Strength:
\$25.75



**Premier Disposable
Underwear,
Medium - 36" to 44" (Pull-up)**

Item #: 1990
Packaging: 18 ct
Strength:
\$32.75



**Premier Disposable
Underwear,
Large - 44" to 58" (Pull-up)**

Item #: 1991
Packaging: 16 ct
Strength:
\$32.75



**Premier Disposable
Underwear,
X-Large - 56" to 68" (Pull-up)**

Item #: 1992
Packaging: 14 ct
Strength:
\$32.75



**Discreet Women's
Underwear, X-Large**

Item #: 2384
Packaging: 16 ct
Strength:
\$25.75



**Disposable Underwear,
Medium - 34" to 44" (Pull-up)**

Item #: 1021
Packaging: 20 ct
Strength:
\$17.50



**Disposable Underwear,
Large - 44" to 58" (Pull-up)**

Item #: 1026
Packaging: 18 ct
Strength:
\$17.50



**Underpad,
Disposable - 30" x 30"**

Item #: 1477
Packaging: 10 ct
Strength:
\$12.25



**Underpad, Extra Absorbent Air
Permeable, 30" x 36"**

Item #: 1996
Packaging: 5 ct
Strength:
\$19.00



Washcloth with Lanolin

Item #: 1348
Packaging: 64 ct
Strength:
\$10.25



**Disposable Underwear,
X-Large - 58" to 68" (Pull-up)**

Item #: 1027
Packaging: 14 ct
Strength:
\$17.50



Flushable Wipes

Item #: 1928
Packaging: 24 ct
Strength:
\$8.75



Flushable Wipes

Item #: 2000
Packaging: 60 ct
Strength:
\$13.25



No-Rinse Body Wash

Item #: 1884
Packaging: 8 oz
Strength:
\$13.25



**Overnight Bladder
Control Pads**

Item #: 2380
Packaging: 30 ct
Strength:
\$35.25



Perineal Wash Rinse-Free

Item #: 2022
Packaging: 8 oz
Strength:
\$9.00



**Premier Adult Briefs,
Medium - 32" to 44" (Tabs)**

Item #: 1993
Packaging: 14 ct
Strength:
\$32.75



**Premier Adult Briefs,
Large - 44" to 58" (Tabs)**

Item #: 1994
Packaging: 12 ct
Strength:
\$32.75



**Premier Adult Briefs,
X-Large - 58" to 63" (Tabs)**

Item #: 1995
Packaging: 10 ct
Strength:
\$32.75



Pain Relief Aids

**Heating Pad for Neck &
Shoulder, 15" x 18"***

Item #: 2412
Packaging: 1 ct
Strength:
\$35.00



Pain Relief Mask

Item #: 1762
Packaging: 1 ct
Strength:
\$10.75



Skin & Sun Care

Aloe Vera Cream

Item #: 1070
Packaging: 8 oz
Strength:
\$7.25



Antibacterial Soap

Item #: 2436
Packaging: 7.5 oz
Strength:
\$13.00



Aveeno Daily Moisturizing Body Wash

Item #: 2356
Packaging: 18 oz
Strength:
\$24.25



Foot Cream

Item #: 2433
Packaging: 8 oz
Strength:
\$9.00



Hand Cream

Item #: 2432
Packaging: 2 oz
Strength:
\$8.00



Hand Sanitizer

Item #: 1065
Packaging: 8 oz
Strength:
\$7.00



Moisturizing Body Lotion with Aloe

Item #: 1893
Packaging: 8 oz
Strength:
\$8.75



Sunscreen Lotion SPF 30

Item #: 1908
Packaging: 1.5 oz
Strength:
\$5.50



Sunscreen Lotion SPF 30

Item #: 1284
Packaging: 4 oz
Strength:
\$9.50



Sunscreen Lotion SPF 50

Item #: 2434
Packaging: 7 oz
Strength:
\$10.00



Sunscreen Spray SPF 50

Item #: 2435
Packaging: 5.5 oz
Strength:
\$12.00



Supports & Braces

Arthritis Gloves, Small

Item #: 1767
Packaging: 1 pair
Strength:
\$29.50



Arthritis Gloves, Medium

Item #: 1766
Packaging: 1 pair
Strength:
\$29.50



Arthritis Gloves, Large

Item #: 1765
Packaging: 1 pair
Strength:
\$29.50



Calf Compression Sleeves, Small

Item #: 2420
Packaging: 1 pair
Strength:
\$15.00



Calf Compression Sleeves, Medium

Item #: 2421
Packaging: 1 pair
Strength:
\$15.00



Calf Compression Sleeves, Large

Item #: 2422
Packaging: 1 pair
Strength:
\$15.00



Calf Compression Sleeves, X-Large

Item #: 2423
Packaging: 1 pair
Strength:
\$15.00



Heel & Elbow Protector, Small

Item #: 1774
Packaging: 1 ct
Strength:
\$15.00



Heel & Elbow Protector, Medium

Item #: 1773
Packaging: 1 ct
Strength:
\$13.25



Heel & Elbow Protector, Large

Item #: 1772
Packaging: 1 ct
Strength:
\$13.25



Heel & Elbow Protector, X-Large

Item #: 1775
Packaging: 1 ct
Strength:
\$13.25



Protective Arm Sleeve, Small

Item #: 1897
Packaging: 1 pair
Strength:
\$23.00



Protective Arm Sleeve, Large

Item #: 1898
Packaging: 1 pair
Strength:
\$27.75



Protective Arm Sleeve, X-Large

Item #: 1899
Packaging: 1 pair
Strength:
\$31.25



Rib Belt, Female, One Size Fits Most

Item #: 1457
Packaging: 1 ct
Strength:
\$20.75



Rib Belt, Male, One Size Fits Most

Item #: 1456
Packaging: 1 ct
Strength:
\$20.75



Wrist Compression, Small

Item #: 1918
Packaging: 1 ct
Strength:
\$16.00



Wrist Compression, Medium

Item #: 1919
Packaging: 1 ct
Strength:
\$16.00



Wrist Compression, Large

Item #: 1920
Packaging: 1 ct
Strength:
\$15.25



Wrist Compression, X-Large

Item #: 1921
Packaging: 1 ct
Strength:
\$16.00



NOTICES

- If you disenroll from Longevity Health Plan, your OTC benefit will automatically terminate.
- Longevity Health Plan is a PPO I-SNP with a Medicare contract. Enrollment in Longevity Health Plan depends on contract renewal.
- This information is available for free in other languages. Please call our customer service number at (855) 657-7547 (TTY: 711), Monday through Friday from 8 a.m. to 11 p.m. EST.
- The health information provided in the catalog is general in nature and is not medical advice or a substitute for professional health care.
- Some product costs may exceed benefit allowances and may not be affordable for some members.
- All product and company names are trademarks™ or registered® trademarks of their respective holders. Use of them does not imply any affiliation with or endorsement by them.
- From October 1 through March 31, Longevity Member Services' Hours of Operation are from 8:00 a.m. to 8:00 p.m. seven days a week (except Thanksgiving and Christmas). From April 1 through September 30 they are open Monday to Friday (except holidays). See the chart below for your state's contact phone number.

Longevity Health Plan of Florida (HMO)	1 (866) 224-9499 (TTY: 711)
Longevity Health Plan of Michigan (HMO)	1 (888) 312-8825 (TTY: 711)
Longevity Health Plan of New Jersey (PPO)	1 (888) 899-8490 (TTY: 711)
Longevity Health Plan of New York (HMO)	1 (888) 885-7337 (TTY: 711)

Longevity Health Plan of Illinois (HMO)	1 (888) 886-9770 (TTY: 711)
Longevity Health Plan of North Carolina (HMO)	1 (888) 312-5196 (TTY: 711)
Longevity Health Plan of Colorado (HMO)	1 (888) 313-3609 (TTY: 711)



Non-Discrimination Notice

Longevity Health Plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Longevity Health Plan does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Longevity Health Plan:

Provides free aids and services to people with disabilities to communicate effectively with us, such as:

- Qualified sign language interpreters
- Written information in other formats (e.g., large print, audio, accessible electronic formats, Braille, other formats)

Provides free language services to people whose primary language is not English, such as:

- Qualified interpreters
- Information written in other languages

If you need these services, contact Longevity Health Plan's Member Services at the contact information below.

If you believe that Longevity Health Plan has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: Longevity Health Plan, P.O. Box 16102 Lubbock, TX 79490-6102; 855-696-5859; (TTY 711); email: Compliance@longevityhealthplan.com.

You can file a grievance in person or by mail, fax, or e-mail. If you need help filing a grievance, the Longevity Health Plan Member Services is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services at the Office for Civil Rights Complaint Portal, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue, SW, Room 509F, HHH Building Washington, DC 20201, 1-800-368-1019 TTY/TDD: 1-800-537-7637 (TDD).

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>

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FREQUENTLY ASKED QUESTIONS

How much is my quarterly allowance?

You can check your available balance online at LongevityCatalogBenefit.com or by contacting us at (855) 657-7547 (TTY: 711), Monday - Friday from 8 a.m. to 11 p.m. EST.

Where can I find more information about the products?

Create an account online at LongevityCatalogBenefit.com and you will see descriptions and photos of the products available. You may also call our advocates at (855) 657-7547 (TTY: 711), Monday - Friday from 8 a.m. to 11 p.m. EST for more information.

Does my OTC benefit allowance roll over if I don't use it?

Unused OTC benefit dollars do not roll over from one period to the next, or from one year to the next. Make sure to take advantage of the benefit dollars before they expire!

What if I want to buy more products but do not have enough OTC benefit dollars?

At this time, you cannot purchase products from this catalog or online that you don't have enough OTC benefit dollars for.

Longevity Health Plan is an HMO ISNP with a Medicare contract.
Enrollment in Longevity Health Plan depends on contract renewal.

Longevity Health Plan is an PPO ISNP with a Medicare contract.
Enrollment in Longevity Health Plan depends on contract renewal.



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