

## 2024 – 2025 Clinical Practice Guidelines

The purpose of these clinical practice guidelines (CPGs) is to identify quality improvement opportunities and provide clinicians trustworthy, evidence-based clinical guidelines and protocols to promote the delivery of the right care at the right time. Guidelines are provided for informational purposes only and are not meant to direct individual treatment decisions. All patient care and related decisions are the sole responsibility of providers. These guidelines do not dictate or control a provider's clinical judgment regarding the appropriate treatment of a patient in any given case.

### Guideline Development Group

These guidelines were reviewed and updated developed by the Clinical team under the direction of the Clinical Educational department.

Category	Date Approved by the Quality Improvement Committee	Guideline/Link
ANXIETY	12/11/2024	National Institute for Health and Care Excellence (NICE) Published: 26 January 2011 Last updated: 15 June 2020 <a href="#">Generalized anxiety disorder and panic disorder in adults: management (pdf)</a>
ASTHMA	12/11/2024	Global Initiative for Asthma Updated July 2023 <a href="#">Global Strategy for Asthma Management and Prevention (pdf)</a>
ATRIAL FIBRILLATION	12/11/2024	National Institute for Health and Care Excellence (NICE) Published: 27 April 2021 Last updated: 30 June 2021 <a href="#">Atrial fibrillation: diagnosis and management</a>
BEERS CRITERIA	12/11/2024	Journal of the American Geriatrics Society Received: 7 March 2023; Accepted: 29 March 2023 <a href="#">American Geriatrics Society 2023 updated AGS Beers Criteria for potentially inappropriate medication use in older adults</a>
BIPOLAR DISORDER	12/11/2024	Department of Veterans Affairs Department of Defense Version 2.0 – 2023 Based on evidence reviewed through December 31, 2021 <a href="#">VA/DoD Clinical Practice Guidelines for the Management of Bipolar Disorder</a>
CHF	12/11/2024	American College of Cardiology/American Heart Association Published 1 April 2022 <a href="#">2022 AHA/ACC/HFSA Guideline for the Management of Heart Failure: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines</a>

CKD	12/11/2024	National Institute for Health and Care Excellence (NICE) Published: 25 August 2021; Last updated: 24 November 2021; Last reviewed: 19 September 2024 <a href="#">Chronic kidney disease: assessment and management</a>
CV DISEASE	12/11/2024	American College of Cardiology Issued: Mar 17, 2019 <a href="#">2019 ACC/AHA Guideline on the Primary Prevention of Cardiovascular Disease</a>
DEMENTIA	12/11/2024	National Institutes of Health Indian J Psychiatry. 2018 Feb;60(Suppl 3):S312–S328. doi: 10.4103/0019-5545.224472 <a href="#">Clinical Practice Guidelines for Management of Dementia</a>
DEPRESSION	12/11/2024	Department of Veterans Affairs Department of Defense Version 4.0 – 2022 Based on evidence reviewed through January 2021 <a href="#">VA/DoD Clinical Practice Guideline for the Management of Major Depressive Disorder (pdf)</a>
DYSLIPIDEMIA	12/11/2024	Department of Veterans Affairs Department of Defense Version 4.0 – 2020 Based on evidence reviewed through May 16, 2019 <a href="#">VA/DoD Clinical Practice Guideline for the Management of Dyslipidemia for Cardiovascular Risk Reduction (pdf)</a>
HTN	12/11/2024	American College of Cardiology/American Heart Association <a href="#">Harmonization of the American College of Cardiology/American Heart Association and European Society of Cardiology/European Society of Hypertension Blood Pressure/Hypertension Guidelines: Comparisons, Reflections, and Recommendations</a>
IMMUNIZATIONS	12/11/2024	U.S. Department of Health and Human Services Centers for Disease Control and prevention <a href="#">CDC Recommended Adult Immunization Schedule (pdf)</a>
INFECTIOUS DISEASE	12/11/2024	Infectious Diseases Society of America (IDSA) <a href="#">IDSA Guidelines</a>
PHARMACOLOGY	12/11/2024	American Pharmacists Association

		<a href="#">American Pharmacists Association Clinical Guidelines</a>
SUBSTANCE USE	12/11/2024	Department of Veterans Affairs Department of Defense Version 4.0 – 2022; Based on evidence reviewed through April 2021 <a href="#">VA/DoD Clinical Practice Guideline for the Use of Opioids in the Management of Chronic Pain (pdf)</a>
TYPE2 DM	12/11/2024	American Diabetes Association <a href="#">American Diabetes Association Standards of Medical Care in Diabetes-2024</a>